## PAGE 3 PROFILE

## Visiting Angels Pottstown

## AGING-IN-PLACE SERVICES

The need for aging in place services can come up suddenly or be the result of persistent, declining health. Regardless of why you now require

senior care services, the need for it is somewhat of a shock. In your mind, your parents are the strong, reliable leaders of the family. You looked to them in times of need and to share your joys. It can be heart wrenching to realize they now need you as much as you need them.

When a loved one needs at home senior care, the mind spins with questions and concerns. From how to find a caregiver to understanding how a caregiver can help, it's natural to feel overwhelmed by this new stage of life. Visiting Angels of Pottstown understands how difficult this time is and is here to help. We've helped thousands

of families across the country navigate this new terrain and find peace of mind.

## How We Help with Aging In Place Services

At-home senior care from Visiting Angels makes aging in place possible. What is aging in place? It's the term used to describe the desire most seniors have to continue living in their own home; the desire to live at home for as long as possible before moving to a care facility. At **Visiting Angels**, our compassionate caregivers provide assistance with the activities of daily living that make aging in place possible. With our at-home care services, seniors receive the one-on-one support they need to remain independent and live safely at home.





How can one of our Angel companions help your loved one? The options are almost unlimited. When you choose Visiting Angels for athome senior care, we'll work with you to create a plan for care that addresses your loved one's individual needs. Care is always scheduled for the times you need it and can be modified as needed to adjust to changing needs. The senior care services we provide can accommodate a wide range of needs including:

- Companion Care
- Personal Care
- Palliative Care
- Post-Hospital Stay Care
- Dementia and Alzheimer's Care
- End of Life Care

Some of the most common activities we help with include:

- Diet monitoring including planning for and preparing meals
- Light housekeeping including help with laundry, making beds and vacuuming
- Assistance with shopping, running errands and transportation to appointments or activities
- Assistance with bathing, dressing, grooming and toileting
- Reminders to take medications, drink fluids and eat regularly
- Going for walks, engaging in favorite activities and friendly companionship

Our caregivers are scheduled at your convenience. Weekday, weekend, holiday, and overnight visits are available as needed. From hourly visits to 24-hour care, a **Visiting Angels** caregiver can be there when you need them.

Welcoming a caregiver into your home and life can be difficult. At **Visiting Angels**, we try to make this transition as easy as possible for you and your loved one. Our initial in-home assessments include a complimentary home safety and falls assessment. When you choose aging-in-place services from **Visiting Angels**, you will find a partner who can answer questions and help you find peace of mind.



For additional information, please call 610.906.1924, and visit: www.VisitingAngels.com/Pottstown.