

## Disconnect, Breath Easy and Rejuvenate your Body and Mind at Glow Skin Boutique & Spa in Phoenixville

Glow Skin Boutique & Spa is located in the heart of Phoenixville. "We strive to deliver clean, organic, and professional results with a focus on skincare and wellness for each individual, and to create a memorable journey for all who visit us," says owner Sangee Mohan, who has established Glow as a highly-sought after retreat for those seeking a transcendent spa experience.

Having just celebrated its 10th anniversary in 2019, Glow is continuously reinventing itself to provide the best skin care services. Glow Spa's new services include Ayurveda Facials, which uses natural elements — Vata (Ether and Air), Pitta (Fire and Water) and Kapha (Earth and Water). Ayurveda takes a custom approach to alternative medicine for lasting results not seen with pills and organic beauty products that only provide a quick fix or surface solution. This facial goes deeper, treating the problem at its



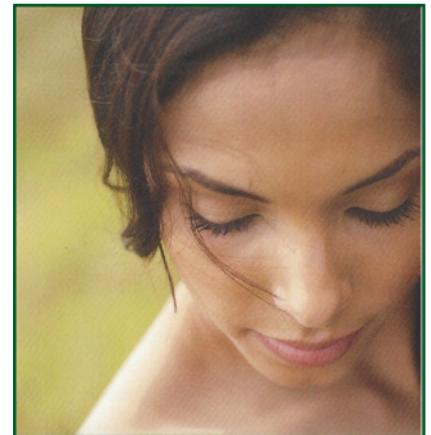
core and creating results that are not only seen but also felt, putting spirit, mind and body into balance.

Another new facial offered is the Hydra-dermabrasion. This procedure combines cleansing, exfoliation, extraction, hydration and antioxidant protection simultaneously, resulting in clearer, more beautiful skin with no discomfort or downtime. The treatment is soothing, moisturizing, non-invasive and non-irritating. Our other treatments include vitamin c facial, diamond peel microdermabrasion and a variety of body wraps and treatments, waxing, and much, much more!

As part of an ongoing effort to make self-care a necessity, Glow has also made the massage services affordable to everyone. All of our different massage services are the same price. The prices does not differ, regardless of the type of massage requested by the client.

On your feet all day? Consider a 30-minute foot soak. Freshly handmade by our therapists upon your arrival, they come out to you in a large hand-hammered bowl and are made with clean, nourishing ingredients. Glow Spa foot soak services include a warm agave oil massage, followed by hot stone massage with shea butter. Following that up with a honey-based serum wrap as a treatment for your feet, brushing the serum on dry heels and toes and drying of feet to ensure a lasting, silky soft feel.

"Regardless of the services offered by Glow, neither will we compromise on the products we use or the level of customer service we provide," Sangee explains. "Everyone has to start somewhere, and we are happy on the path we choose and believe we are headed in the right direction and happy doing it."



Facials • Waxing • Massage  
Medical Treatments  
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Body Therapies • Spa Packages

321 Bridge Street  
(rear entrance)  
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610-457-4447  
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## G Lodge Restaurant

### The Best Kept "Breakfast Spot" Secret in Chester County

Historic G Lodge Restaurant, located at 1371 Valley Forge Road (Route 23) in Phoenixville, two miles west of Valley Forge Park and two miles east of Starr Street. Owned and operated by Dennis Dreibelbis since 1984, G Lodge Restaurant is the best-kept secret in Chester County.

G Lodge Restaurant, featuring extraordinary food at reasonable prices, is one of the oldest, continuously running restaurants in the Phoenixville area. G Lodge Restaurant offers unique specialties like Banana Walnut French Toast and Filet Mignon and eggs, and has been voted one of the top ten breakfast spots in Chester County Online. "I have breakfast that no one can rival," said Dennis Dreibelbis, owner/operator of G Lodge Restaurant since 1984. "We have fresh fruit every day, with raspberries and blackberries and other things people wouldn't even think of," he said, adding "We feel our food is the best in the county and the price is fair for the amount of food you are served." Breakfast is served at

G Lodge every day until 1:30 PM, "And that makes everybody happy," Dennis Dreibelbis said.

The G Lodge is celebrating its 35th anniversary in business, having prospered through good times and bad — such as having a major motion picture "The Happening" filmed on site; and surviving countless storms, and making it through PENNDOT's seven-month closure of Route 23 to replace a bridge. Dennis Dreibelbis was out of commission with a broken leg at the time and his wife Terri and the staff managed to keep the business going. How? Why? Dedicated loyal customers, who found their way to the G Lodge despite the detours, and came back in droves when the road was reopened.

Isn't it time you experienced the G Lodge? Stop in and find out for yourself why G Lodge Restaurant is among the best breakfast spots in the region. G Lodge Restaurant is located at 1371 Valley Forge Road, Phoenixville, PA 19460; 610.933.1646.

