

# DISINFECT HIGH-TOUCH-POINTS

## CLEANING TIPS

Provided by Gilbert & Claudia Nazario, Clean Floors & More, LLC

High-Touch-Points wasn't something we heard about every day, but something that sounds so simple can unbelievably make or break someone's good health!

Think about it — studies show that most people touch over 300 surfaces every half hour. The points we touch just on the way out of the office include light switches, door knobs, car keys and door handles.

The germs that can be transferred from person to person can also move from person to object to person. Scientists have found that germs can live long enough to be put onto a surface by a sick person and picked up by someone who may be healthy!

Clean Floors & More recommends that business owners and managers choose a cleaning service that is trained and experienced in identifying and disinfecting the high-touch-points utilizing List "N" disinfectants. By identifying and disinfecting the high-touch-points in your facility, your cleaning service can help reduce the spread of illness.

Professional cleaners know the best way to help keep people healthy is to address high-touch-points like these (try at home):

- Most rooms have light switches and door handles or knobs, and many have cabinet and closet pulls, or blind and curtain closures.



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- Waiting and social areas may have a TV remote, telephone, or video games with controls, as well as frequently touched surfaces like coffee and end tables. If there is an area for children, toys are hot spots for germs!
  - Eating areas need attention on both table and counter surfaces, as well as on the arms of every chair.
  - Refrigerators and other appliances, counters, cabinet and drawer pulls, as well as faucets and sink surfaces need professional cleaning in kitchen and food prep areas.
  - Bathroom faucets, toilet handles and other surfaces, counters, towel rack, toilet paper and paper towel dispensers, and most other surfaces are obvious gathering places for germs. This is where some of the most intense cleaning will be happening and will need regular professional disinfection to prevent the spread of illness!
- Both hard and soft surfaces can gather germs, but hard surfaces provide a better spot for germs to live a longer life. Hard surfaces require a professional grade disinfection to be sure they remain as safe as possible!

For additional information, please call 484.599.2751 and visit: [www.cleanfloorsandmore.net](http://www.cleanfloorsandmore.net).

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