Valerie McLean Keller, Owner & Operator

Arrowhead Golf Club

A mature challenging public golf course with 27 meticulously maintained holes nestled in a serene wooded setting League Dates Available • 9-Hole Play Available Pavilion for Corporate Outings • Business Functions • Catering 100 Carts Available for Shotgun Start Outings Carts Do Not Have to Stay on Cart Path! (weather permitting)

Greens Fees Weekdays—\$20.00 Weekends—\$32.00 Riding Carts \$10.00 per person

Pro Shop • Snack Bar • Rental Clubs ⁵ minutes from Route 422 & 662N Intersection For Tee Times Call (610) 582-4258

BUSINESS SPOTLIGHT Animal-Assisted Therapy, LLC

Social distancing is hard, but you're not alone. Compassionate, professional support is available through telehealth during this difficult time. Animal-Assisted Therapy, LLC, located at 152 E. High Street, Suite 440A, Pottstown, offers a wide range of counseling services, including: Online Counseling; Counseling Sessions with Therapy Dog; Healing from Addiction for Loved Ones; LGBTQ Affirming Counseling; Emotional Support Animal Evaluations; and Drug and Alcohol Evaluations.

"As an animal-assisted therapist, I lean on the healing power of nature and the mind-body connection to help you overcome anxiety and enhance self-compassion," explains Annalisa Smithson, MA, MEd, owner of Animal-Assisted Therapy, LLC. "Benji, my therapy assistant, helps me create a gentle, joyful atmosphere in the therapy room, where we can celebrate you and your desire to grow. His unconditional love and calm demeanor, as well as occasional bursts of puppy energy, bring a lightness and joy into the therapy room. He reminds us (me and my clients) to be kind to ourselves. He helps us believe that we deserve such kindness. Therapy, like life, is simply better with dogs."



Our 67th Anniversary

Therapy dogs in professional counseling settings reduce stress and improve mental health outcomes. Schedule an appointment for Animal-Assisted Therapy today. For additional information, please call 484.933.4370; email: lisa@counselingwithdoggo.com; and visit: www.counselingwithdoggo.com.

Animal-Assisted Therapy, LLC Counseling & Psychotherapy



Animal-Assisted Therapy, LLC

Compassionate Care | Affordable Counseling

Therapy Dogs in Professional Counseling Settings Reduce Stress and Improve Mental Health

> Annalisa Smithson, MA, MEd (484) 933-4370 CounselingWithDoggo.com

152 E. High Street, Suite 440A, Pottstown, PA 19464

The Pottstown Rotary Club Wants You!



You are cordially invited to make new friends and business contacts, while engaging in fun activities designed to serve our community.

This is your opportunity to grow your business and your circle of friends, and help make your community a better place to live and work.

Join us at 6:30 on Wednesday evenings at Brookside Country Club for a delicious meal, camaraderie, and a Rotary meeting where we plan and execute projects to improve the community.

- Meaningful community service projects
- Fun social activities
- Important business connections
- Deep and lasting friendships
- Opportunity to learn about our community

Call Bill Wellen at 484.886.5396 to learn more!



www.pottstownrotary.org

MAY 2020

