

KNOWLEDGE IS KEY WHEN IT COMES TO A HEALTHY WORKPLACE!

CLEANING TIPS

Provided by Gilbert & Claudia Nazario, Clean Floors & More, LLC

Do you know the difference between sanitizing and disinfecting? If you don't, your workplace may not be as "germfree" as it could be for your clients and employees!

When it comes to understanding the correct cleaning products to use in each situation, it's best to call in trained professionals, but a little knowledge can go a long way for a business owner to monitor and maintain a healthy space.

According to the Center for Disease Control (CDC), cleaning "removes germs, dirt, and impurities from surfaces or objects" and can be accomplished with soap and water, but they describe sanitizing as a process that "lowers the number of germs on surfaces or objects to a safe level, as judged by public health standards or requirements. This process works by either cleaning or sanitizing





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surfaces or objects to lower the risk of spreading infection." The U.S. Department of Agriculture reports that sanitizing can occur with a mixture of a tablespoon of bleach to a gallon of water, and that commercial cleaning companies will have other appropriate sanitization products.

But, with dangerous viruses like COVID-19 causing widespread illness and fatalities, disinfecting is the answer for keeping your facility as healthy as possible for everyone who enters!

The CDC says that disinfecting "works by using chemicals to kill germs on surfaces or objects. This process does not necessarily clean dirty surfaces or remove germs, but by killing germs on a surface after cleaning, it can further lower the risk of spreading infection." Trained commercial cleaners are the best bet for properly applying the correct disinfectant methods for your space.

So, to make it short, sweet, and SAFE, cleaning removes surface germs, sanitizing lowers the number of germs, and disinfecting kills germs!

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