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**Apartments**  
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**KIM KOSTIVAL,**  
 YOUR INDEPENDENT LIVING EXPERT



**ROSE ANNE KLEMENTISZ,**  
 YOUR PERSONAL CARE  
 AND COMPASS MEMORY  
 CARE EXPERT



We can't wait to

*Welcome You*  
*Home*  
 when we open this fall!

**- Now Reserving All Levels of Care -**  
**Independent Living, Personal Care, Memory Care**

Set to open this Fall, Arcadia is the area's premier destination for active seniors who are seeking the worry-free lifestyle they want, deserve, and have earned.

Whether you're looking for a vibrant and exciting independent living apartment for yourself or an equally vibrant and exceptionally caring personal or memory care apartment for a loved one  
**- we can't wait to meet you!**

Especially now, nothing is more comforting than being surrounded by family - and that is exactly what you can expect from us when we open in just a few months.

We're a family owned organization with a culture based on a belief that a lifestyle community is more than just a place to live. It's a place to love, to thrive, to enjoy, to improve, to celebrate, to laugh, to cry, and to do it together **- just like family.**



**ARCADIA**  
 AT LIMERICK POINTE



## Wellness at Arcadia at Limerick Pointe

The importance of health and wellness for seniors is on the forefront of many families' minds recently. Research shows that by nurturing the body, mind and spirit as one, a person reduces their risk of disease and depression, and increases the quality and expectancy of life. Arcadia at Limerick Pointe, Montgomery County's newest retirement community, is embracing these ideals by offering an innovative living experience based on faith and family and wellness.

Arcadia will offer the full continuum of care with 160 Independent Living, Personal Care, and Memory Care apartments developed by Vantage Point Retirement Living. As principal of this family-owned and operated organization, Greg and Rita Stevens' vision for Arcadia was born out of the belief that seniors deserve opportunities for wellness based on a holistic approach.

They developed a unique affiliation with St. Teresa of Calcutta, delivering comprehensive faith-based programming within the community — regardless of denomination and partnered with BAYADA as its healthcare provider for home health and outpatient rehab services. Tiffany LaTorre, Area Director of BAYADA Home Health Care states, "As a non-profit with a strong mission-based culture, BAYADA is proud to collaborate with the wellness and lifestyle teams at Arcadia at Limerick Pointe to help bring their remarkable vision of exceptional living to the senior living space. We're excited to be a part of their innovative team as we work together to ensure seniors are safe, healthy and happy in their new home."

For those living with memory impairment, Vantage Point's trademarked New Directions memory care program focuses on a holistic approach to discovering and utilizing skills that remain in a person living with any stage of dementia and is grounded in a philosophy of respect and dignity for the individual. KC Gale,

Regional New Directions Coordinator says, "Not only does our holistic approach and strength-based program encompass our residents, but we also understand the impact of their care partners and our team members. Therefore, we dedicate time, attention and education to them as well as our residents. Our New Directions memory care program is purposefully developed, intentionally designed and constantly evolving to ensure that as many, if not all, facets of the residents' journey is incorporated into their daily lives with us.

Most importantly, Arcadia's programs would be nothing without input from the residents who call the community home. Arcadia is proud to collaborate with future residents in designing fitness, wellness and recreational programs based on the unique wants and needs of the community population — not what a corporate office thinks should be offered. Newly appointed Recreational Director, Amy McCormick, has been working with seniors for the last 25 years and expresses "I get great joy in spending time with our residents, both learning from them and finding ways to bring them happiness and fulfillment through group recreational programs or individual pursuits. Arcadia's team will also provide culinary excellence in their restaurants, pubs and dining areas by using fresh ingredients to elicit great tasting food without using excessive salt and sugar.

At Arcadia the concept of wellness extends beyond the occasional checkup but is incorporated into every aspect of life for their residents and team members. This pioneering combination of faith-based family values and modern quality of life defines the foundation of Arcadia. For more information please visit us at [www.arcadialife.com](http://www.arcadialife.com) or reach out to [team@arcadialife.com](mailto:team@arcadialife.com). Arcadia at Limerick Pointe is located at 51 West Arcadia Drive, Limerick PA near the intersections of Ridge Pike and Lewis Road.