

# CELEBRATING EYE INJURY PREVENTION MONTH

## Ensuring Eye Safety: A Commitment from Wyomissing Optometric Center

At Wyomissing Optometric Center, safeguarding your eye health is our top priority. We understand the alarming statistics surrounding preventable eye injuries and are dedicated to empowering you with proactive measures and specialized care to preserve your vision.

### Common Eye Injury Sources and Types

Eye injuries can occur unexpectedly across various settings. According to the National Institute for Occupational Safety and Health (NIOSH), approximately 2,000 U.S. workers sustain job-related eye injuries daily that require medical treatment. These injuries encompass a range of scenarios, including blunt trauma from objects like tools or sports equipment, corneal abrasions caused by flying debris or contact lenses, chemical burns from industrial chemicals and radiation burns from UV exposure or welding activities. In 2022, 3.6 million people were treated in emergency departments for injuries involving sports and recreational equipment.

### Potential Consequences of Eye Injuries

The consequences of eye injuries can be severe and life-altering. They often necessitate immediate medical attention to prevent infection, repair fractured orbital bones, or mitigate the risk of permanent vision loss. For instance, blunt trauma can lead to orbital fractures requiring delicate surgical intervention, while chemical

exposures demand swift treatment to minimize tissue damage and potential blindness. Pain, scarring and decreased quality of life are typical consequences of unprotected eye related injuries.

### Proactive Measures for Eye Safety

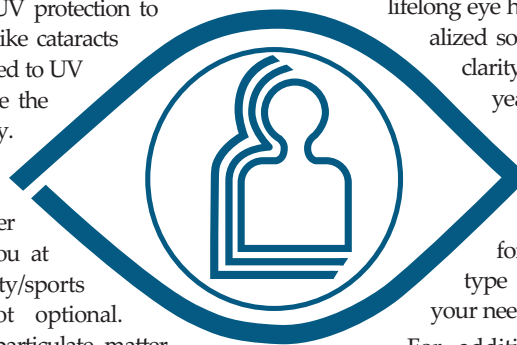
Prevention is the cornerstone of our approach to eye care. Wyomissing Optometric Center advocates for the use of ANSI-certified safety eyewear in workplaces and recreational activities where eye hazards are prevalent. Our options include protective glasses and goggles designed to withstand impact, shield against chemical splashes and filter harmful UV rays. For outdoor enthusiasts, we recommend sunglasses with UV protection to reduce the risk of conditions like cataracts and macular degeneration linked to UV exposure. Never underestimate the potential risk for an eye injury. Simple tasks like mowing the lawn, hammering a nail, spray painting and being a bystander near risky activity can put you at risk. Wearing protective/safety/sports eyewear is mandatory, not optional. Protective eyewear prevents particulate matter from reaching the eye and will deflect high speed objects from causing a penetrating eye injury. Special attention needs to be paid to our children when participating in

sports. Most sports pose a threat to the eyes so proper sports glasses are an important piece of equipment to consider. Our practice offers specialized solutions tailored to every age group. For adults and young athletes, we provide sports goggles and protective eyewear to safeguard against sports-related injuries. Sports related eye injuries account for a significant portion of pediatric eye injuries annually.

### Specialized Eye Care for Every Age

By integrating advanced preventive strategies with compassionate care, Wyomissing Optometric Center is committed to preserving your vision and promoting lifelong eye health. Trust us to deliver personalized solutions that prioritize safety and clarity for your eyes, today and in the years ahead. Our practice offers 24/7 emergency medical eye care for those occasions where "accidents happen". Please reach out to any of our doctors for professional guidance on what type of protective eyewear best suits your needs.

For additional information please visit [wyo-opto.com](http://wyo-opto.com) or call our offices at (610) 374-3134 (Wyomissing), (610) 385-4333 (Douglassville), or (717) 866-1400 (Myerstown).



## Is someone you love not seeing the full picture?



### Services Offered:

- **Sight Loss Support Group**
- **Counseling**
- **Lunch Bunch**
- **Education Programs**
- **Low Vision Store**
- **Spanish Speaking Sight Loss Support Group**
- **Assistive Devices**
- **Socialization/Recreational Programs**
- **Transportation for Appointments and Personal Shopping**
- **Information and Referral Services**



2020 Hampden Blvd.  
Reading, PA 19604  
**610-375-8407**  
[www.vrcberks.org](http://www.vrcberks.org)



## Vision Resource Center of Berks County

A private, non-profit social service agency that was founded in 1929 by the Reading Lions Club, Vision Resource Center of Berks County continues to provide services to individuals who are blind or visually impaired. Formerly the Berks County Association for the Blind, Vision Resource Center of Berks County provides an environment where people can be a part of their community with equal opportunities to lead fulfilling lives.

Services provided include preschool vision screenings, sight loss support groups, individual counseling, social-

ization and recreational programs, educational programs, Spanish-speaking support services, intake appointments, transportation services, and a sheltered workshop program. VRC has a low vision store at their headquarters. The items in the low vision store are to make independence with a visual impairment easier for the person.

Vision Resource Center of Berks County is located at 2020 Hampden Blvd., Reading PA. For additional information, please call 610.375.8407 or visit [www.vrcberks.org](http://www.vrcberks.org).



# WYOMISSING OPTOMETRIC CENTER

*The Best Care In Sight!*



## Comprehensive Vision & Medical Eye Health Care

24/7 Emergency Eye Care  
Specialty Contact Lenses  
Pediatric Eye Care  
Macular Degeneration  
Diabetic Retinopathy  
Glaucoma  
Cataract  
Refractive Surgery Co-management  
Orthokeratology / Myopia Control  
Optical Services  
Contact Lenses  
Dry Eye  
Infection  
Allergy



**wyo-opto.com**

50 Berkshire Court  
**Wyomissing**  
610-374-3134

1050 Benjamin Franklin Hwy.(422 West)  
**Doulassville**  
610-385-4333

356 West Main Avenue  
**Myerstown**  
717-866-1400



Glenn S. Corbin, OD



Kerry J. Burrell, OD



Amanda S. Legge, OD



Perry C. Umlauf, OD



Jeffrey S. Stefanick, OD



Stephen J. Shalamanda, OD