



LUDGATE ENGINEERING CORPORATION

Established 1975

ENGINEERS • SURVEYORS • LAND PLANNERS

Call 610-404-7330 www.ludgate-eng.com

10 Vanguard Drive, Suite 100, Reading, PA 19606

Aerobic Rhythmics

One Hour Total Body Workout. Multiple Locations in Montgomery and Bucks Counties.

Program encompasses 25 min of cardio with multiple types of dance, resistance workout with tubes, tone with small hand weights, pilates floor work. Pound Program with Drumstix included. Ending



with Yoga cool Down. Complete workout! We also offer Aquasize water aerobics and Zumba classes. See our website www.aerobicrhythmics.com for class details.

Elite Business Solutions, LLC

Are you tired of doing tasks that you do not like to do? Are you finding yourself wearing too many hats? Or do you find that you do not have enough hours in the day to get all what you need to do completed? Let's talk!

We are Elite Business Solutions, LLC. When it comes to your bookkeeping and/or payroll needs we are here for you. We will help you get back to what you love doing and the reason you started your business.

With over 30 years' experience we are a trusted partner for small businesses. At Elite you don't become a client, you become family. For additional information, please call 610.462.5453 and visit www.elitebizsolutions4u.com.



Sherry Christman, President



Detailing Business with Precision, Professionalism, and a Personal Touch.

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