



## Senior Living is a Perfect Match for Older Couples

Aging in place can be burdensome for older couples, as their care needs change. Transitioning to senior living can simplify everyday tasks while providing dignified access to care services, so couples stay healthy and together longer.

At Keystone Villa at Douglassville, older couples who need assistance can benefit from our personal care residence, which provides 24-hour supervision, daily support with dressing, bathing, medication management and mobility, routine safety checks, and emergency call systems. Additional levels of care are also available.

Senior living also reduces the stress of maintaining a large property. Couples can choose from spacious apartment styles and add touches from home like some of their treasured possessions.

Downsizing also reduces household responsibilities. Keystone Villa staff members manage cleaning, cooking, and repairs, giving both partners the freedom

to explore other interests, individually or together.

Other perks include an expanded social circle with many opportunities to engage with other residents and staff. Included in the monthly rent at Keystone Villa are wellness and activities programs. A calendar of varied daily events, from fitness classes to happy hours and off-site gatherings, allow couples to become acquainted with their neighbors.

Should a partner or couple require memory care services, Keystone Villa's campus provides a secure memory care neighborhood. Our program focuses on our residents' abilities with activities and therapies to support their remaining capabilities.

To learn more about personal and memory care services at Keystone Villa, please call Sue Okuniewski or Beverly Parkinson at 610.385.5002, or visit [www.keystonevillaatdouglassville.com](http://www.keystonevillaatdouglassville.com).

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## Understanding Alzheimer's & Dementia

### Wednesday, February 8 • 5:30-6:30pm

**Location: Personal Care 2nd floor gathering room**

Lori Dierolf from Open Door Training & Development will offer education and support on topics including ways to communicate with individuals at different stages of the disease and how to understand and deal with challenging behaviors.

**FREE & OPEN TO THE PUBLIC!**

To attend, RSVP by February 6 by calling Sue Okuniewski at 484-385-5002.

Keystone Villa®  
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We are an equal opportunity housing provider. We do not discriminate on the basis of race, color, national origin, religion, sex, familial status or disability.

REFERENCES AVAILABLE

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