

BUSINESS SPOTLIGHT

FREDERICK *Living*

A GARDEN SPOT COMMUNITY



Frederick Living is a continuing care retirement community where purposeful living is experienced in community with others. A wide range of amenities and services is provided by a caring staff so residents can focus on the things that matter most to them.

Approximately 315 residents, campus-wide, live in several types of accommodations. Independent living cottages, villas, and apartments (one or two bedrooms or studios) are fully equipped with a roomy kitchen, dining and living spaces and lots of storage. Patios, porches, sunrooms, balconies, and community gardens are some of the unique spaces where residents can also gather with neighbors and friends. Residents stay active while exercising at the Body Shop fitness center, volunteering, going on trips and participating in weekly club and committee meetings. Frederick Living's recent affiliation with Garden Spot Communities in New Holland, PA has created additional opportunities for residents including the Travel with Purpose trips and shared resources.

Services and amenities which are available to the entire community include three on-site salons, access to the Wellness Suite which offers a full range of medical services including physician, optometry, podiatry, and dental services as well as outpatient therapies including occupational, speech and physical therapy assistance. Concerts, movies and educational learning sessions are all offered in the Oaktree Center Auditorium.

Residents in Personal Care enjoy the convenience of living in the main building which houses these amenities. The aim in Personal Care is to support autonomy and dignity while giving residents and their family the peace of mind of knowing that daily living assistance is available as needed throughout the day. Social events, birthday celebrations, crafting sessions, and shopping trips are all overseen by an active Life Enrichment team. Residents enjoy meals in a beautiful dining room served by gracious and friendly team members.



Aspen Village offers Memory Care support while the Cedarwood Healthcare Center provides healthcare services for residents as well as individuals needing a rehab stay.

Located just east of Gilbertsville, PA, Frederick Living is an ideal spot to call home. Currently, there is availability in Personal Care, and the opportunity to get your first month free. Call Lisa McCartin today at 610.754.7878, ext. 1001 to schedule a tour.



EXPERIENCE PURPOSEFUL
RETIREMENT LIVING TODAY.