



Unique and individually tailored skin and medi-spa services
Outstanding skin care products

Conveniently located inside A-Z Urgent Care at
45 South Pine Street, Elverson, PA

Take some time to treat yourself, you deserve it!

610.901.3915

email info@fcaelverson.com

www.frenchcreekaesthetics.com

www.facebook.com/frenchcreekaesthetics

New Year, New You!



Center for Nutritional Healing

Center for Nutritional Healing, LLC provides services to help people of all ages manage and reinvigorate their health and nutrition. Cindy Harrington, founder and owner of Center for Nutritional Healing, is very passionate about the work she does. Her mission is simple: to help her clients transform their health so they can live full, happy, disease- and pain-free lives. And her clients are serious about making positive change, whether to solve a health issue that doesn't go away no matter what pill they take, or they prefer a natural healing program over prescribed medications, or they are tired of treating only symptoms and not the root cause of their health problems.

Cindy uses precise science to analyze underlying concerns and addresses them with safe, natural, nutritional means that allows the body to repair itself and maintain more optimum health. Her own first-hand experience with pain, illness, and fatigue is what initially led her to learn and become certified as a Nutritional Counselor, Integrative Nutrition Health Coach, and Master Nutrition Response Testing® practitioner. Today she works

closely with clients to find the underlying cause of chronic and/or recurring health problems such as fatigue, allergies, anxiety, chronic pain, depression, digestive issues, headaches, hormonal imbalance, infertility, sinus trouble, skin disorders, sugar cravings, weight gain and many more too numerous to list, and works to heal them through clinical nutrition, dietary supplements, and other relevant therapies — in short, to address each person's individual health care needs.

Center for Nutritional Healing's beautiful, nurturing office is located on Church Street in the borough of Royersford. Cindy offers new clients a 60-minute evaluation. She also gives talks on a variety of topics including her highly effective Signature Weight Loss Program and How to Transform Your Health. For the full schedule, go to www.CenterforNutritionalHealing.com/events. For details on all Center for Nutritional Healing services, visit their website at www.CenterForNutritionalHealing.com. To schedule an appointment, call their office at 484.938.7691 or email them at info@centerfornutritionalhealing.com.

Wrinkles?



**BOTOX
SPECIAL
\$9.50
/UNIT**



Lansdale: 215-362-7546
Mainline: 267-534-3355
YoungMedicalSpa.com

GET WELL. STAY WELL.

Mention this ad for a \$47 evaluation.*



CENTER FOR NUTRITIONAL HEALING
Cindy Harrington, CNC, CINHC

Royersford
centerfornutritionalhealing.com | 484.938.7691

*For a limited time