

FOCUS ON HEALTH CARE

Don't Ignore Your Gut!

Medical research is increasingly showing that the health of your digestive system has a multi-faceted effect on your overall health and wellbeing. In many ways, that's not surprising. We all know that a tummy ache, acid reflux, constipation, diarrhea, bloating and other issues, can make you feel miserable. What you might not realize is how your digestive system, your emotions and your physical wellbeing are all closely connected.

The PMA Gastroenterology Center in Limerick is dedicated to helping patients make the connection between better digestion and better health, by offering a full range of digestive health services, from office visits, to testing and outpatient procedures. The AAAHC accredited, state-of-the-art center is staffed by a team of highly skilled, board-certified physicians and providers, anesthesiologists and medical personnel focused on diagnosing digestive disorders, providing relief and help-

ing guide patients on the path to better health and wellbeing.

An additional benefit is that procedures available at the PMA Gastroenterology Center offer a cost-effective alternative to procedures performed in area hospitals. This is due to the fact that out-of-pocket costs are usually lower at the Limerick center when compared to procedures performed in a hospital.

One special note to individuals 50 and older: It's time to schedule a colonoscopy! Early detection saves lives. The PMA Gastroenterology Center offers this procedure. So, you can have it done close to home, by an exceptional team.

Don't let digestive issues slow you down. The PMA Gastroenterology Center is located at 420 W. Linfield-Trappe Rd, Suite 101 & 102, Limerick. Learn more by visiting pmaoctor.com or 484.938.4030.

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time for a **Gut Check?**

Better Digestion = Better Health.

Did you know that a healthy digestive system is essential to overall wellbeing?

It's true – so don't ignore what your gut is trying to say. PMA gastroenterologists are here to help with the services you need, all in **one convenient Limerick location.**

We're experts in diagnosing and treating multiple gastrointestinal problems, including the following common conditions:

- Acid Reflux
- Barrett's Esophagus
- Celiac Disease
- H. pylori and Ulcers
- Ulcerative Colitis
- Crohn's Disease
- Inflammatory Bowel Disease (IBD)
- Irritable Bowel Syndrome (IBS)
- Liver Conditions
- Hep C & Abnormal Liver Tests

THE PMA
GASTROENTEROLOGY
CENTER



Over 50? Time for a colonoscopy.
EARLY DETECTION SAVES LIVES!

pmaoctor.com

Accredited by AAAHC

420 W. Linfield-Trappe Road, Building B, Suites 101 & 102
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PMA cares about your health. Let us help you feel your best...from the inside out!

