

RECOGNIZING NATIONAL ALZHEIMER'S & BRAIN AWARENESS MONTH

FOCUS ON MEMORY CARE

Keystone Villa At Douglassville, Personal Care Puts A Fresh Spin On Memory Care

Each of us are shaped by our past, our memories, our experiences. But what about those who can't remember or articulate their memories? How does that impact their sense of identity? That's the challenge Keystone Villa at Douglassville, a local senior living community, hopes to tackle.

"I've been working at Keystone Villa for seven years, and working with seniors is truly my passion," said Diana Kramer, Keystone Villa at Douglassville's Executive Director. "In the Moment®, our signature approach to Memory Care, is unlike any other program I've worked with. I've seen residents and families be rejuvenated by this unique, positive, approach to Dementia care."

The backbone of In the Moment® is meeting each resident where they are physically, socially and emotionally at each point throughout the day, and not expecting that any two days to be the same. "We don't see Dementia as a disease," explained Kramer. "We see it as a journey, and

we're along for the ride. Our residents aren't alone in this. We're in it together."

The program is broken down into six elements, called the Principles of Well-Being: Artistic Expression, Physical Engagement, Spiritual Support, Community Connections, Continuing Education, and Lifestyle & Leisure.

"With June being National Alzheimer's and Brain Awareness month, I would like to remind everyone that brain health never stops," said Kramer. "In the Moment reminds us of that, and helps our residents maintain their sense of individuality, with or without an Alzheimer's diagnosis."

Keystone Villa at Douglassville is a distinctive retirement community offering Independent Living, Personal Care and Memory Care to residents at an affordable month-to-month rent, with no buy-in fees or hidden costs. It is conveniently located on Route 422 in Douglassville, PA. To schedule a personal tour, please call 610.385.5002 or log onto www.KeystoneVillaatDouglassville.com.

Congratulations!



Keystone Villa at Douglassville has always been proud of providing the best care. We are honored to announce that our community has been awarded a Perfect Annual State Inspection with **ZERO Deficiencies & Top Honors for 100% Compliance.**

Call today to schedule your personal tour!
610-385-5002

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