

## FOCUS ON ALZHEIMER'S & BRAIN AWARENESS

### Chestnut Knoll

At Chestnut Knoll, our dedicated staff are empathetic to your loved one's needs, providing a helping hand when needed and gentle support and reassurance through the changes of aging. In Daybreak, our secured memory care neighborhood, residents living with Alzheimer's disease and other dementias benefit from structured programming in a calming environment. Our caregivers do not focus on the abilities lost to the ever-changing disease. Instead, we reframed our perspective using Teepa Snow's *Positive Approach to Care*® which highlights their present capabilities, meeting them where they are in this journey. Chestnut Knoll also works closely with the *Alzheimer's Association*® to host monthly support groups for family caregivers and receive ongoing staff training sessions.

Because muscles do not get dementia, our memory care residents also benefit from our partnership with FOX

Rehabilitation and the dynamic therapy program FOX Optimal Living. This program is only available in two senior living communities in Pennsylvania, and

Chestnut Knoll is the only one in Berks County to offer the on-site comprehensive wellness screenings and exercise classes, which help maintain the health and independence of our residents. Clinical experts create and carry out individualized wellness plans focusing on strength, mobility, and balance.

Sometimes a little extra assistance is all you need. Sometimes, you need a little more. Chestnut Knoll is 2022's Best of

Senior Living awarded by A Place for Mom, recognizing the top 2-3% of senior care providers across the country. Trust in us for your family's personal care and memory care needs. To schedule a personalized tour, please call Julie Krasley at 610.400.1430 or email [jkrasley@chestnutknoll.com](mailto:jkrasley@chestnutknoll.com).



# Save the Date

## Understanding & Responding to Dementia-Related Behaviors

Presented by the Alzheimer's Association

### Thursday, July 21

from 6:30-8:00pm

at Good Shepherd Church

35 W. Philadelphia Ave., Boyertown, PA 19512

RSVP by calling 610-400-1430 or email [jkrasley@chestnutknoll.com](mailto:jkrasley@chestnutknoll.com).



**CHESTNUT KNOLL**

Personal Care, Memory Care and At Home Services

Over 20 Years of Superior Care



120 W. 5th Street, Boyertown, PA 19512 • [www.chestnutknoll.com](http://www.chestnutknoll.com)

We are an equal opportunity housing provider. We do not discriminate on the basis of race, color, national origin, religion, sex, familial status or disability.



# Build a Better Business

Commercial Mortgages  
Vehicle Financing  
Equipment Loans  
Debt Restructuring & More!

**Riverfront**  
FEDERAL CREDIT UNION

800-451-3477 [RiverfrontFCU.org](http://RiverfrontFCU.org)

[RiverfrontFCU](http://RiverfrontFCU)



NMLS ID #488114