

FOCUS ON HOMECARE & SENIOR SERVICES

Senior Independent Living Companions (SILC)

Senior Independent Living Companions (SILC), assists seniors and supports families with aging challenges. We provide non-medical in-home care services that help to maximize independence and quality of life for seniors. We assist clients with day-to-day activities such as transportation, light housekeeping, laundry, meal prep, errands, social and mental stimulation and most importantly companionship. SILC is licensed, insured and bonded and all workers background checked. Our goal is to assist and care for seniors with dignity, kindness, respect, and a good dose of fun and laughter, the same way we would treat our own family members. We are a client-focused company providing engaging care from the moment we walk in until the moment we walk out.

A national poll on Healthy aging finds that about a third of seniors are LONELY. Aging brings many difficult changes that

contribute to isolation and loneliness. Loss of friends, family members, poor health, life changes and transportation challenges can mean isolation for older adults. Isolation can lead to loneliness, which can have a devastating effect on a senior's health and quality of life. Research suggests that the best interventions are those that involve meaningful and social contact.

SILC prides itself on our reliable, professional, personable and compassionate companions. We are friends, advocates, confidants and an extension of the family. We build meaningful relationships with our clients, and their families, so that as the aging process progresses, so can the amount of care. We understand that the need of every client is different and will work to fill that need.

Call for a complimentary consultation or visit www.silccare.com for more information on our services.



Heather Esham, Owner



Maximizing Independence and Quality of Life for Seniors

- Personalized non-medical home care
- Engaging services and activities
- Peace of mind for loved ones
- Providing the highest level of service and care



(610) 310-5497 • Heather@SILCcare.com • www.SILCcare.com



SILC is Hiring Dedicated, Reliable and Compassionate Companions. Please contact us for more information.



Judy Parker named CEO of Encompass Health Rehabilitation Hospital of Reading

Judy Parker has been appointed as chief executive officer of Encompass Health Rehabilitation Hospital of Reading. In her position as CEO, Parker oversees all of the day-to-day operations as well as patient care and quality at the 60-bed inpatient rehabilitation hospital, located at 1623 Morgantown Road. She assumed the position on May 17, 2021.

Parker previously served as the associate administrator at Encompass Health Rehabilitation Hospital of Braintree and interim CEO, as part of Encompass Health's Developing Future CEO program. In this leadership role, Parker managed the hospital's COVID task force, assisted with completion of the annual budget, and led clinical and non-clinical teams to improve hospital and patient outcomes. Parker has more than 17 years of experience in the healthcare industry, including roles in admitting, revenue cycle, and patient access. Parker also served in the United States Army for four years as a helicopter repairman.

"With nearly two decades of strong healthcare leadership experience, Judy was an excellent choice to lead our team at

Encompass Health Rehabilitation Hospital of Reading," said Pat Tuer, president of Encompass Health's northeast region. "She shares our value and commitment to exceptional patient care, and will continue to elevate the high-quality rehabilitative care our hospital provides to patients in our community."

Parker earned her bachelor's degree in business administration from the University of Phoenix and both her master's degree in organizational leadership and doctoral degree in organizational leadership in health care administration from Grand Canyon University.

About Encompass Health: As a national leader in integrated healthcare services, Encompass Health (NYSE: EHC) offers both facility-based and home-based patient care through its network of inpatient rehabilitation hospitals, home health agencies and hospice agencies. With a national footprint that includes 139 hospitals, 241 home health locations, and 82 hospice locations in 39 states and Puerto Rico, the Company provides high-quality, cost-effective integrated healthcare. Encompass Health is ranked as one of Fortune's 100 Best Companies to Work For. For more information, visit encompasshealth.com, or follow us on our newsroom, Twitter, Instagram and Facebook.



THE TRUSTED CHOICE

Encompass Health Rehabilitation Hospital of Reading

Inpatient Rehabilitation, Home Health & Hospice

At Encompass Health, we provide high-quality, compassionate care designed to meet patients where they are on their rehabilitation journey. We are the trusted choice in rehabilitation, delivering high-quality care to patients while seamlessly connecting across the healthcare continuum.

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www.emcompasshealth.com/readingrehab

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FOCUS ON HOMECARE & SENIOR SERVICES

Health Insurance Solutions, Inc.

Located in Skippack, Pennsylvania; Nanette Poserina started Health Insurance Solutions, Inc. with the vision that consumers need information which is accurate, professional, and trustworthy. HISI prides itself on honesty, integrity, and expertise regarding every aspect of prescription drug benefits. We provide a "live" person on the other end of the call to untangle the complexities of today's marketplace. When our clients call HISI, they will be greeted with a friendly, informative Solutions Advisor who will happily assist them.



Nanette Poserina

Our team exemplifies providing new, cost-saving solutions while delivering best-in-class service to our clients. We accomplish this by listening to our clients, setting goals above industry standards, developing risk management programs, and diligently providing exceptional service. As a pioneer in the prescription drug marketplace, we pride ourselves on the

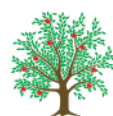
innovative solutions we have delivered to our clients. With evolving specialty drug costs, we continue to engage in dialogue with our partners to evaluate how HISI can best serve our clients and guarantee an exceptional return-on-investment. The team at Health Insurance Solutions, Inc. welcomes the opportunity to connect with you and determine what is obtainable for your bottom-line.

In the past 20 years, the HISI team grew from 2 employees to over 15 employees, continuing to employ talent as the organization expands. HISI manages over \$100 million in drug-spend as of today. Throughout the years we've shifted our focus to Specialty drug cost, which is the majority of spend for an employer group. Today, HISI primarily focuses on strategies to reduce employer's specialty drug spend by up to 50%, with HISI's manufacturer relationships, importation of prescriptions, knowledge of grants, foundations, and

STAY SAFE at Home

Home health is a safe way to receive the care you need and keep you out of the hospital, especially as the COVID-19 pandemic continues. Our nurses and therapists can help you recover in the comfort and safety of home.

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working with Specialty Drug Pharmacies directly. One of HISI's clients in New Jersey has saved \$59 million over the course of 7 years, without plan-change.

Building on this reputation, Health Insurance Solutions has built a business model that has surpassed all the competition, both locally and nationally. HISI has negotiated rates that are extremely competitive in the pharmacy drug group marketplace with their partnerships.

Health Insurance Solutions was selected by Inc 5000 #2510 magazine as one of the 5000 fastest-growing private companies in US for 2021. In the past, this list has included companies such as Microsoft, Timberland, Chobani, Oracle, and Patagonia. Health Insurance Solutions, Inc. could not be more proud to join this rarefied group along with the other companies selected this year, from over 7 million applicants.

More information at www.gethisi.com



When a team member is missing from the picture – it's costing your company money.

61% of today's family caregivers work. 9 in 10 say caregiving duties affect their stress and personal lives.

The cost to employers includes turnover, decreased productivity, higher absenteeism and healthcare costs.

Do you have a plan to address these issues?

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484-577-4243 or

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Medicare SOLUTIONS



At HISI, we specialize in the following:

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